

EVOLVHEALTH.COM/SHAKE



SHAKE UP YOUR FAT-BURNER STATUS

REAL PEOPLE, REAL RESULTS

“Good nutrition is the core of my philosophy and livelihood. I recommend Evolv Shake to anyone seeking better weight management and nutrition.”

— Heidi Kerman, RD, LD

WHAT IS INTEGRATIVE HEALTH?

“Integrative health” combines conventional medical practices with nutritional support to achieve best patient outcomes. Supporting the body with good nutrition during any type of medical treatment provides an ideal environment for success, and the best health possible.

Discover the science of the Reboot for a fat-burning reset! Flip the switch with the perfect shake blend of food sourced vitamins, minerals, healthy fats and fiber, moderate plant-sourced protein, low net carbs and absolutely no GMO's, no soy, whey protein or gluten. Fortified with probiotics and digestive enzymes so your gut feels great while you discover the secret of losing weight for good!

- Food sourced vitamins and minerals
- Provide healthy fats and fiber
- Moderate plant-sourced proteins
- Low net carbs (2g of sugar)
- No GMO's or Whey protein
- Gluten Free
- Fermented vitamins and minerals supercharged with Evolv Immun™ (Acemannan aloe vera extract)
- No artificial flavors
- No artificial sweeteners
- Vegan friendly



Evolv Fix can support our Customers and Partners with goals involving improved nutrition and healthier living. Every Reboot and product purchased also helps to nourish children in need through our Buy 1, Nourish 2™ giving initiative. For details, visit evolvhealth.com/hopemovement.



Delicious Nutritional drink Powder to boost metabolism and support good gut health!

PRODUCT DETAILS

Nutrition Facts

14 Servings Per Container
Serving size 1 packet (44g)

Amount Per Serving

Calories 170
 % Daily Value *

Total Fat 8g	12%
Saturated Fat 2.5g	14%
Trans Fat 0g	†
Cholesterol 0mg	0%
Sodium 200mg	8%
Total Carbohydrate 19g	6%
Dietary Fiber 11g	43%
Total Sugars 2g	†
Protein 12g	†
Beta Carotene 30%	• Vitamin C 35%
Calcium 6%	• Iron 8%
Vitamin D 30%	• Vitamin E 30%
Vitamin K 30%	• Thiamin 35%
Vitamin B2 30%	• Niacinimide 30%
Vitamin B6 30%	• Folate 50%
Vitamin B12 40%	• Biotin 30%
Pantothenic Acid 30%	• Phosphorus 2%
Iodine 30%	• Magnesium 8%
Zinc 30%	• Selenium 30%
Copper 30%	• Manganese 30%
Chromium 30%	• Molybdenum 30%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

† Percent Daily Value not established

Calories per gram:
 Fat 9 • Carbohydrate 4 • Protein 4

VANILLA

Pea Protein Isolate, Inulin (Contains: Chicory root fiber, Chicory root extract, Inulin, oligofructose), Olive Oil Powder, Tapioca Maltodextrin, BevGrad (Flax), MCT Oil Powder, Natural Flavors, Palatnose® (Isomaltulose), Fermented Vitamin Mineral Premix (contains: Zinc, Vitamin C, Copper, Vitamin E, Beta Carotene, Niacinamide, Selenium, Biotin, GTF Chomium, Iron, Folic Acid, Pantothenic Acid, Manganese, Molybdenum, Vitamin B2, Vitamin B6, Iodine, Vitamin K1, Vitamin B1, Vitamin B12, Vitamin D2), Chiamax TM, Organic Hemp Protein, Organic Brown Rice Protein, VitaFiber, Xanthan Gum, Salt (Sodium Chloride), Stevia RA 60% total 95%, Natural Sweetness Enhancer Powder, Bacillus Coagulans, DigeSEB, Evolv Immun™ aloe vera extract.

Nutrition Facts

14 Servings Per Container
Serving size 1 packet (45g)

Amount Per Serving

Calories 170
 % Daily Value *

Total Fat 8g	12%
Saturated Fat 3g	15%
Trans Fat 0g	†
Cholesterol 0mg	0%
Sodium 210mg	9%
Potassium 170mg	5%
Total Carbohydrate 19g	6%
Dietary Fiber 11g	43%
Total Sugars 2g	†
Protein 12g	†
Beta Carotene 30%	• Vitamin C 35%
Calcium 6%	• Iron 15%
Vitamin D 30%	• Vitamin E 30%
Vitamin K 30%	• Thiamin 35%
Vitamin B2 30%	• Niacinimide 35%
Vitamin B6 30%	• Folate 50%
Vitamin B12 40%	• Biotin 30%
Pantothenic Acid 30%	• Phosphorus 4%
Iodine 30%	• Magnesium 10%
Zinc 35%	• Selenium 30%
Copper 35%	• Manganese 30%
Chromium 30%	• Molybdenum 30%

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Calories per gram:
 Fat 9 • Carbohydrate 4 • Protein 4

CHOCOLATE

Pea Protein Isolate, Inulin (Contains: Chicory root fiber, Chicory root extract, Inulin, oligofructose), Olive Oil Powder, Tapioca Maltodextrin, BevGrad (Flax), MCT Oil Powder, Natural Flavors, Cocoa Powder, Isomaltulose, Fermented Vitamin Mineral Premix (contains: Zinc, Vitamin C, Copper, Vitamin E, Beta Carotene, Niacinamide, Selenium, Biotin, GTF Chomium, Iron, Folic Acid, Pantothenic Acid, Manganese, Molybdenum, Vitamin B2, Vitamin B6, Iodine, Vitamin K1, Vitamin B1, Vitamin B12, Vitamin D2), Chia Powder, Organic Hemp Protein, Organic Brown Rice Protein, VitaFiber, Xanthan Gum, Salt (Sodium Chloride), Stevia RA 60% total 95%, Natural Sweetness Enhancer Powder, Bacillus Coagulans, DigeSEB, Evolv Immun™ aloe vera extract.

ADDITIONAL INFORMATION

For healthy weight management and nutrition, mix 1 packet of Evolv Shake with 8 oz of cold water or other non-dairy beverage, 1-2 times daily. Use before or after workouts to aid the body's recovery, or as a healthy snack anytime. May also be mixed with added ingredients for a meal replacement according to the Impact Phase of the Reboot Program.



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